



Children's Respiratory
Department

**Turbohaler for use
with
Pulmicort/ Bricanyl**



Patient Information Leaflet

The Children's Respiratory Team

Mary McDonald :
Advanced Nurse Practitioner
Candidate

Catherine Carrig :
Clinical Nurse Specialist

Mary Devitt :
Clinical Nurse Specialist

01 4142000 bleep 7302 or 2945
01 4144246 / 01 4144751
(Monday- Friday)

For appointments contact

01 4142409/4142410

For further information on asthma
and demonstration of devices log on
to: www.asthmasociety.ie
E-mail: office@asthmasociety.ie
Phone: 1850445464

Bricanyl (Terbutaline) is the blue
inhaler known as the **reliever**.

One to Two puffs can be taken up to
four times a day if needed.

It should work within five minutes and
last up to four hours.

It can be given up to four times a day

Pulmicort (Budesonide) is the brown
inhaler known as the **preventer**.

It is an anti-inflammatory medication
and contains a steroid.

It must be taken everyday to prevent
inflammation in the lungs.

Rinse your mouth after using the
preventer to prevent hoarseness or oral
thrush

**When using the two inhalers always
use the reliever (blue inhaler) first**

**THE ADELAIDE & MEATH
HOSPITAL, DUBLIN**
INCORPORATING THE NATIONAL CHILDRENS
HOSPITAL

HOW TO USE

1. Unscrew and lift off the white cover
2. Hold the Turbohaler upright and twist the grip forward and back or until you hear a click
3. Breathe out gently as far as you comfortably can away from the mouthpiece
4. Do not breathe out into Turbohaler
5. Put the mouthpiece between the lips and teeth and breathe in as deeply as possible.
6. Remove the Turbohaler from the mouth and hold breath for about 10 seconds
7. For second dose repeat these steps
8. Replace the white cover

CLEANING AND STORAGE

1. Store below 30 degrees
2. Never wash the device
3. Never wash the mouthpiece in water.
4. Wipe mouthpiece with a dry tissue regularly

FEATURES

1. A Breath actuated dry powder reservoir device with a dose indicator
2. A drying agent can be heard when the Turbohaler is shaken. This is not the medication
3. Pulmicort has no taste
4. Fermeterol should only be used in combination with an inhaled corticosteroid
5. Braille identification is on the base of the device
6. When the red mark first appears in the indicator window there is approximately 20 doses left. When the red mark reaches the bottom of the indicator window your inhaler is empty.
7. To prime device turn the base backwards and forwards as far as it will go. Do this twice