

The Neurology Cognitive Clinic is a specialist service providing outpatient assessment for adults experiencing cognitive symptoms.

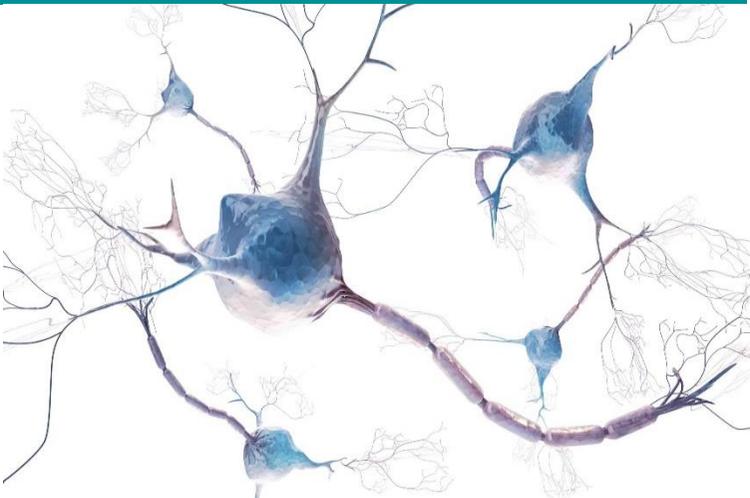


You have been given an appointment at the clinic to review your cognition. We will assess your memory, but also your attention, ability to process information, language, visual and spatial capabilities. Cognitive problems can also be associated with movement difficulties so you will also have a full neurological examination.

Please read information below about the clinic and make a note of any questions you would like to ask during the appointment.

Why have I been referred for a cognitive assessment?

Your GP or a hospital doctor believes that you may have a problem with your memory or other aspects of cognition. This may or may not be something which you have noticed.



What is the purpose of the appointment?

The purpose of your appointment is to establish why you are having problems with your memory or other aspects of cognition.

Who do I see?

Your appointment will be with a Consultant Neurologist or a doctor working under supervision of the consultant neurologist. You will also see a neurology clinical nurse specialist.

How long does the appointment take?

The appointment takes around 90 minutes. You may need a further appointment or you might be referred for physical tests (for example a brain scan or blood tests). You may also be referred to another member of the multi-disciplinary team to further evaluate and treat your symptoms.

Every patient assessment is different, it depends on a number of different factors including: your symptoms, current level of functioning and your specific needs.

What to bring to your appointment?

Please bring the following to your appointment:

- Any glasses you wear; especially for reading
- Your hearing aid, if you have one
- A full list of any medication you are currently taking
- Details of your past medical history
- A relative, friend or carer for support

Why should I bring a relative / carer / friend?

It is helpful to bring someone to your appointment who knows you well. This gives you some support and the medical team an opportunity to find out how you are managing from their point of view and if they have any concerns.

Due to the nature of having a problem with your memory it may be helpful to have someone who can help with remembering what has been said.

