



What happens after your appointment?

If your surgery is a daycase procedure and you are passed fit, you can proceed with the date you have been given.

Otherwise the anaesthetist will review your chart and your test results. You may require further tests or even another appointment to see the anaesthetist. When you are passed fit, the Admissions department is informed and you will await a date for your surgery.

It is planned that you will have your surgery within three months of your Preassessment appointment but the preassessment is valid for six months.

We know that coming into hospital to have surgery can be a stressful time. We hope that your Preassessment Clinic visit will help to ease any of the worries you may have and help to make this a positive experience for you and your family.

We look forward to meeting you soon.

The weeks and months leading up to surgery is an opportunity get your mind and body stronger for surgery by:

- Eating well
- Being more active
- Stopping smoking
- Managing feelings about surgery

By following this advice you will help yourself to recover better after surgery. Scan here for further information:

<http://www.tuh.ie/!445NQT>



To contact us:

The clinic is open: Monday-Friday

Pre-assessment: 01 414 4600

Day Case Surgery: 01 414 4620
01 414 4618

For In Patient Surgery: 01 414 2801
01 414 2805

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Tallaght
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PATIENT
INFORMATION
LEAFLET

Pre-Operative Assessment Clinic



What is the Preassessment Clinic



The Preassessment Clinic is an outpatient clinic managed by Nurses, for patients who are on a waiting list for an operation.

You do not need to fast for this appointment.

The purpose of the clinic is to:

- ❖ Make sure that you are fit and well for your operation.
- ❖ Give you general information about your admission and hospital stay.
- ❖ Give you a chance to talk about your plans for going home after your operation.
- ❖ Specific questions about your surgery may need to be discussed with your surgeon.



Getting to the Preassessment clinic

The Reeves Day Surgery Centre is located off campus in Tallaght Cross West Building, Block 6D, D24 XYP9, directly across from the hospital entrance gates. If you have someone driving you, they can use the Aldi carpark level -1 which is clearly signposted. There is a lift from the car park that leaves you in the lobby of the centre where you will see the reception desk.

Please **be on time** for your appointment as the appointment time is specific to you.

Check in at the kiosk on arrival.

- ❑ Please bring a list of all your medications with you or complete the 'know your medicines' leaflet enclosed with your appointment letter.
- ❑ Please bring copies of any external medical reports/investigations.
- ❑ If you no longer need or want your operation please let us know as soon as possible: 01 414 4600
- ❑ Your appointment will generally take 45 minutes to one hour.

What to expect during your appointment

- Your visit will involve a talk with the clinic nurse.
- You will be asked about your medical/surgical history and about your plans for going home.
- We will do a blood test and a heart test (ECG) as required.
- You will also have some other tests done such as pulse, blood pressure weight and a urine test if necessary.
- If you are unsure about your medical history please ask your GP for a letter with these details.

Don't forget to bring your list of medications on the day to prevent any delays.



My Medicines is a list of all of the medicines and supplements you take and some of their details.

Please fill in the My Medicines information inside this leaflet.

This is your record of your medicines. Please keep this document safe and bring it with you when coming to the Hospital or attending any healthcare appointment. If you become ill, you or a family member can bring this record to hospital.

We also ask that you bring all of your medicines, in their original boxes and containers if you have them, with you when coming to the Hospital.

Your medicines list will help hospital staff treat you safely.



IMPORTANT

To fill out **My Medicines** you need **all your medicines in front of you** including prescribed, non-prescribed and over the counter medicines. If you don't know what medicines you take or you need help filling out **My Medicines** ask your pharmacist, doctor, friend or relative to help you.



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Know your Medicines



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People Caring for People to Live Better Lives

